

**PRINT AND CIRCLE ALL YES ANSWERS (20 yes represents a serious potential and Lyme should be included in diagnostic workup)**

**Symptoms of Lyme Disease**

**The Tick Bite** (fewer than 50% recall a tick bite or get/see the rash)

1. [Rash](#) at site of bite
2. [Rashes](#) on other parts of your body
3. [Rash](#) basically circular and spreading out (or generalized)
4. [Raised rash](#), disappearing and recurring

**Head, Face, Neck**

5. Unexplained hair loss
6. Headache, mild or severe
7. Pressure in Head
8. Twitching of facial or other muscles
9. Facial paralysis ([Bell's Palsy](#))
10. Tingling of nose, (tip of) tongue, cheek or [facial flushing](#)
11. Stiff or painful neck
12. Jaw pain or stiffness
13. Dental problems (unexplained)
14. Sore throat, clearing throat a lot, phlegm, hoarseness, runny nose

**Eyes/Vision**

15. Double or blurry vision
16. Increased floating spots
17. Pain in eyes, or swelling around eyes
18. Oversensitivity to light
19. Flashing lights/Peripheral waves/phantom images in corner of eyes

**Ears/Hearing**

20. Decreased hearing in one or both ears, plugged ears
21. Buzzing in ears
22. Pain in ears, oversensitivity to sounds
23. Ringing in one or both ears

**Digestive and Excretory Systems**

24. Diarrhea
25. Constipation
26. Irritable bladder (trouble starting, stopping) or Interstitial cystitis
27. Upset stomach (nausea or pain) or GERD (gastro-esophageal reflux disease)

**Musculoskeletal System**

28. Bone pain, joint pain or swelling, carpal tunnel syndrome
29. Stiffness of joints, back, neck, tennis elbow
30. Muscle pain or cramps, ([Fibromyalgia](#))

**Respiratory and Circulatory Systems**

31. Shortness of breath, can't get full/satisfying breath, cough
32. Chest pain or rib soreness
33. Night sweats or unexplained chills
34. Heart palpitations or extra beats
35. [Endocarditis](#), Heart blockage

**Neurological System**

36. Tremors or unexplained shaking
37. Burning or stabbing sensations in the body
38. Fatigue, [Chronic Fatigue Syndrome](#), Weakness, peripheral neuropathy or partial paralysis
39. Pressure in the head
40. Numbness in body, tingling, pinpricks
41. Poor balance, dizziness, difficulty walking
42. Increased motion sickness
43. Lightheadedness, wooziness

## **Psychological well-being**

44. Mood swings, irritability, bi-polar disorder
45. Unusual depression
46. Disorientation (getting or feeling lost)
47. Feeling as if you are losing your mind
48. Over-emotional reactions, crying easily
49. Too much sleep or insomnia
50. Difficulty falling or staying asleep
51. Narcolepsy, sleep apnea
52. Panic attacks, anxiety

## **Mental Capability**

53. Memory loss (short or long term)
54. Confusion, difficulty in thinking
55. Difficulty with concentration or reading
56. Going to the wrong place
57. Speech difficulty (slurred or slow)
58. Stammering speech
59. Forgetting how to perform simple tasks

## **Reproduction and Sexuality**

60. Loss of sex drive
61. Sexual dysfunction
62. Unexplained menstrual pain, irregularity
63. Unexplained breast pain, discharge
64. Testicular or pelvic pain

## **General Well-being**

65. Unexplained weight gain, loss
66. Extreme fatigue
67. Swollen glands/lymph nodes
68. Unexplained fevers (high or low grade)
69. Continual infections (sinus, kidney, eye, etc)
70. Symptoms seem to change, come and go
71. Pain migrates (moves) to different body parts
72. Early on, experienced a "flu-like" illness, after which you have not since felt well.
73. Low body temperature
74. Allergies/Chemical sensitivities
84. Increased affect from alcohol and possible worse hangover